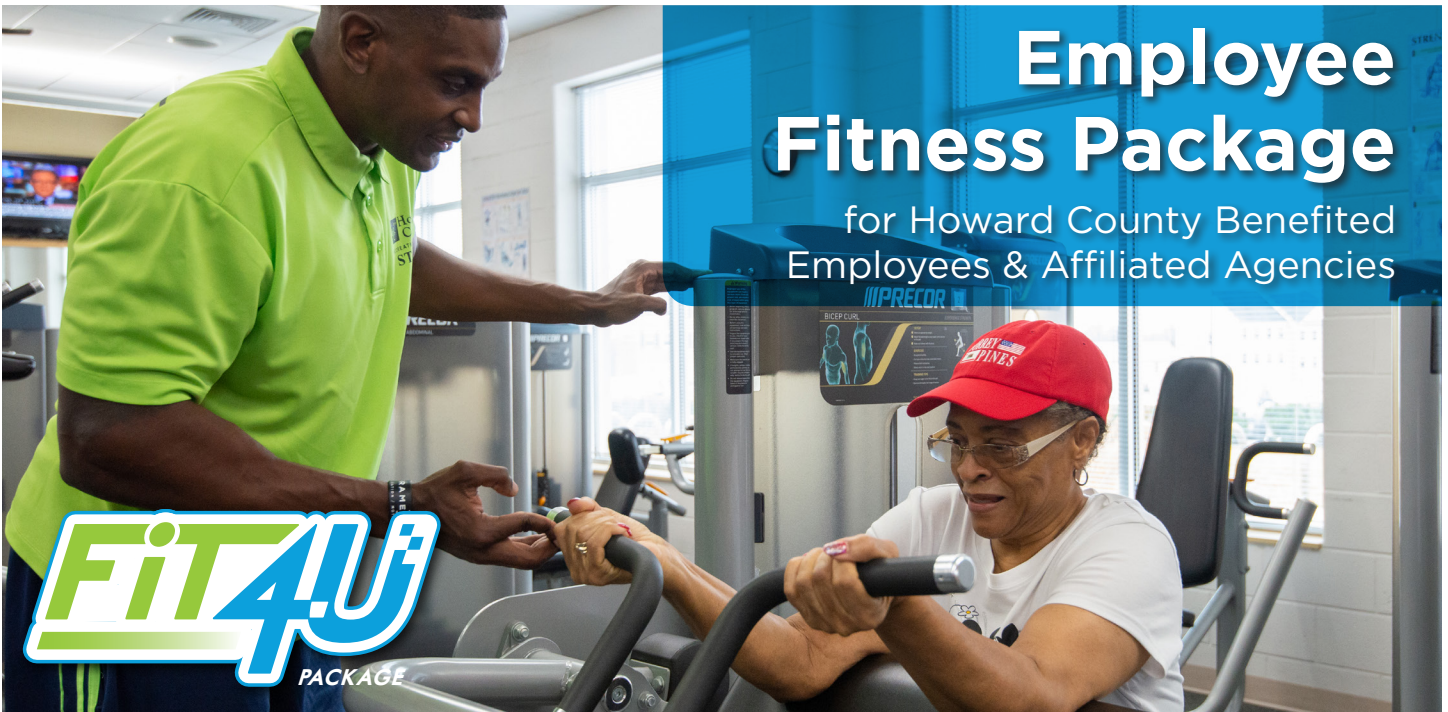


Employee Fitness Package

for Howard County Benefited Employees & Affiliated Agencies



Package/Benefits

This fitness package allows part-time and full-time **benefitted** employees to use the participating centers. Benefits include access to the pool, fitness & dance/aerobics rooms (at non-class times), use of the gymnasium during open and drop-in programs, and access to the game room. Classes are not included.

Eligibility

For part-time and full-time **benefitted** employees. Spouses or other family members do not qualify for discounted rate.

How To Sign Up

1. Bring your county ID or agency badge to one of the five participating centers.
2. At a center, fill out:
 - Recreation & Parks or an Office on Aging & Independence Registration Form
 - Fitness Waiver
 - The Employee Off-Duty Personal Fitness Acknowledgment Form

September 2019 Fit4U Promo Contests

(Re)New Membership Raffle

All new members and September renewals will be entered into a raffle to win a Dick's Sporting Goods certificate.

September Swipe Challenge

The more you swipe your Fit4U membership card at any of the participating facilities, the better your chances of winning a Dick's Sporting Goods certificate.

The following affiliated agencies are also eligible:

- Howard Community College
- Housing Commission
- Howard County Library
- Soil Conservation District
- Circuit Court
- Sheriff's Office
- Economic Development Authority
- State's Attorney

Fee

Employee only pays \$25 per year (regular resident price: \$300).

Participating Centers

Elkridge 50+ Fitness Center

6540 Washington Boulevard, Elkridge, 21075
410-313-5192 (voice/relay)
8:30am-4:30pm, M, W, F; 8:30am-8pm, Tu, Th;
8:30am-noon, Sa

Amenities: Fitness Room

Ellicott City 50+ Fitness Center

9411 Frederick Road, Ellicott City, 21042
410-313-0727 (voice/relay)
8:30am-7:30pm, M-W; 8:30am-4pm, Th & F

Amenities: Fitness Room

Gary J Arthur Community Center

2400 Rte 97, Cooksville, MD 21723
410-313-4840 (voice/relay)
7am-9pm, M-Sa; 9am-6pm, Su

Amenities: Fitness Room, Gym, Game Room, Dance/Aerobics Room

North Laurel Community Center

9411 Whiskey Bottom Road, Laurel, MD 20723
410-313-0390 (voice/relay)
8am-9pm, M-Sa; 9am-6pm, Su

Amenities: Fitness Room, Gym, Game Room, Dance/Aerobics Room

Roger Carter Community Center

3000 Milltowne Drive, Ellicott City, MD 21043
410-313-2764 (voice/relay)
6am-10pm, M-F; 7am-10pm, Sa; 7am-9pm, Su

Amenities: Fitness Room, Pool, Gym

